

# WHAT WE DELIVER



2023 NATIONAL SNAPSHOT

Meals on Wheels is a solution that addresses the escalating issues of senior hunger and isolation. The need is great, but Together, We Can Deliver.™

## IT STARTS WITH THE MEAL...



**251 MILLION MEALS**  
served annually



**2.2 MILLION SENIORS**  
served annually



**7 OUT OF 10 LOCAL PROGRAMS**  
are facing higher demand for home-delivered meals than before the pandemic

## AND DELIVERS ON SO MUCH MORE.

### SERVICES PROVIDED:



**100%** provide socialization opportunities



**97%** train drivers to keep an eye out for senior wellbeing



**88%** train drivers to keep an eye out for safety issues around the clients' home



**66%** connect seniors to services in the community when needs are identified

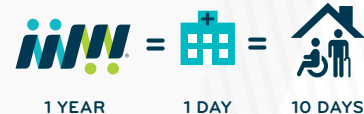


**55%** offer home repair and modification services



**44%** provide pet assistance

### THE IMPACT:



**WE CAN SERVE A SENIOR FOR AN ENTIRE YEAR** for roughly the same cost as a day in the hospital or 10 in a nursing home

*Of home-delivered meal participants:*



say the meals help **IMPROVE THEIR HEALTH**

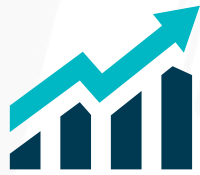


say the services help them **FEEL MORE SECURE**



say the meals help them **LIVE INDEPENDENTLY**

## BUT THERE ARE SIGNIFICANT CHALLENGES



DEMAND



FUNDING

The onset of the pandemic saw an influx of emergency funding, doubling support to address increased demand. However, this funding is receding while community need is not, and **PROGRAMS ARE STRUGGLING.**

Many local programs are taking drastic steps to sustain their programs amid funding challenges, including **ADDING SENIORS TO WAITING LISTS AND DISCONTINUING OR CUTTING BACK SERVICES.**

NEARLY ALL PROGRAMS REPORT ONE OR MORE CHALLENGES to serving home-delivered meals to all seniors in their community, such as:



LACK OF FUNDING TO PAY FOR MEALS



DIFFICULTY RECRUITING AND RETAINING VOLUNTEERS



RISING FOOD PRICES



DIFFICULTY HIRING AND RETAINING ENOUGH STAFF



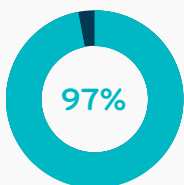
ESCALATING GAS PRICES



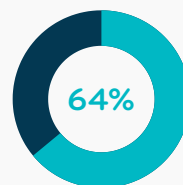
CONTINUING SUPPLY CHAIN ISSUES

## MEALS ON WHEELS PROGRAMS ARE READY AND WILLING TO DO MORE... WITH MORE RESOURCES.

REACHING ALL SENIORS WHO NEED MEALS IS CONSTRAINED BY FUNDING AND CAPACITY LIMITATIONS



97% of local programs believe there are seniors in their community who need meals who they **ARE NOT CURRENTLY SERVING.**



64% are confident that they could serve more seniors, **IF THE NEW CLIENTS CAME WITH MORE FUNDING.**

**FUND AND SUPPORT MEALS ON WHEELS TODAY.**

