

MOW

◀ August		September 2019					October ▶
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 Labor Day Closed	3 Ham slices White beans Creamed corn Apricots	4 Teryaki Chicken Rice Broccoli Pineapple	5 Salisbury Steak Scalloped Tater Green Beans Apples	6 Tuna Casserole Peas & Carrots Tropical Fruit	7	
8	9 Pork Sweet Potatoes Peas Applesauce	10 Swedish Meatball Noodles Broccoli Normandy Peaches	11 Patriot Day Lemon Pepper Cod Cod BROWN Rice Peas Peaches	12 Basalamic Chick Brussel Sprouts Noodles Apricots	13 BBQ Pulled Pork Homemade Baked Baked beans Corn Mixed Fruit	14	
15	16 Chicken Enchilada Rice Peas & Carrots Tropical Fruit	17 Veggie Lasagna noodle more veg Mixed Fruit	18 Beef Roast Potatoes Lima Beans Pears	19 Cranberry pork Stuffing Green Beans Pears	20 Turkey & Gravy Mashed Taters Hominy Pineapple	21	
22	23 Fall begins Salmon Roasted Potatoes Corn Mandarin Orange	24 Chicken Rice Mixed Veg Pears	25 Beef Roast Potatoes Lima Beans Pears	26 White Bean Chili w chicken green peas peaches	27 Spaghetti Zucchini Mixed Fruit	28	
29	30 Beef & Bean Burrito Rice Carrot salad Pears	Notes:					