

RCCOA RESERVES THE RIGHT TO MAKE SUBSTITUTIONS WITHOUT NOTICE

FLORENCE DELIVERY: TUESDAY AND FRIDAY
 STEVENSVILLE DELIVERY: MONDAY THRU FRIDAY
 VICTOR DELIVERY: WEDNESDAY
 HAMILTON DELIVERY: MONDAY, TUESDAY, WEDNESDAY , FRIDAY
 DARBY DELIVERY: WEDNESDAY



OCTOBER

2017

MEALS ON WHEELS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Meatloaf Mashed potatoes & gravy Green beans	Tuna Tetrzzini Beets	Cabbage casserole Roasted vegetables	FROZEN	Russian Chicken Rice Cauliflower
9	10	11	12	13
Pork Chop Stuffing Applesauce	Roast turkey Mashed potatoes & gravy Peas & carrots	Beef Stew Biscuit	FROZEN	Spaghetti w/meatsauce Cheesy garlic bread Broccoli
16	17	18	19	20
BBQ Chicken Roasted potatoes Corn casserole	Roast Beef Mashed potatoes & gravy Mixed Vegetables	Cowboy Calico Beans Cornbread	FROZEN	Chicken Pot Pie Winter mix vegetables
23	24	25	26	27
Lasagna Garlic bread Squash medley	Ribs & Kraut Loaded mashed potatoes Glazed carrots	Bruschetta Chicken Pasta Spinach	FROZEN	Pulled pork on a bun coleslaw
30	31			
Chicken & Broccoli Noodles Beets	Salisbury Steak/gravy Mashed potatoes & gravy			